



BISSY



Borders public Information Support Site for You

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Public Health Nursing/ School Nursing Team

Information for Parents and Carers

"Our aim is to improve and maintain the health of all school age children and young people and to help them realise their potential in Health and Education"

For a copy of this information in

- large print
- another language
- audiotape
- Braille
- BSL DVD

Please telephone your local health centre

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Support offered to all school age children

During a child's time at school, they will all have an assessment completed by the School Nursing Team in **P1**. This will include a height and weight check and a health questionnaire. Vision screening is undertaken in **P1** if it has not been screened before by the orthoptist.

The team will contribute to Health Improvement sessions within the classroom setting, in both primary and secondary schools. Topics covered are for example **mental health & emotional well being, puberty, sexual health, relationships and nutrition**.

The team will be involved with the transition from primary 7 to secondary school and will see pupils individually, in groups or as a class to discuss health issues.

All girls will be offered three **HPV** immunisations in **S2**. **Boosters** of Diphtheria, Tetanus, and Polio will be offered to all **S3** pupils in the secondary school.

Secondary School Health Drop-In Clinics are available at lunch times. Confidential advice and support is offered to pupils on a range of issues.

Additional support available

One-to-one support can be offered by the School Nursing Team when appropriate for issues such as:

- mental health problems
- developmental problems
- additional health needs

School Nurses facilitate training to school staff on how to manage, for example, anaphylaxis, and epilepsy. In conjunction with education staff, the team are involved in the development of individual health care plans for pupils.

The Public Health Nursing/ School Nursing Team operate Monday to Friday and offer a 'non-emergency' service.

People requiring urgent medical attention should contact their GP practice in-hours, or NHS 24 out of hours.

If you require any advice or support, or are worried about your child's physical or emotional well – being, contact your child's named School Nurse.

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